

Dietitian Group - Insurance Verification

We are in-network with: Aetna, BCBS, Cigna, UHC, UMR, and select Medicare and Medicaid plans.

1. Call your insurance company's customer service number on the back of your insurance card.
 - a. Select the option for "benefits verification" or "speak to a representative"
2. When connected to a representative, say the following:
"I'm calling to check my insurance coverage for nutritional counseling with a registered dietitian. I have the dietitian's name and NPI, CPT codes, and potential diagnosis (ICD-10) codes."

Name: Marisa Smith

NPI type 1: 1316493083

Practice: Dietitian Group

NPI type 2: 1447965637

CPT Codes: [97802](#) and [97803](#)

If those are not covered, ask about [99401](#), [99402](#), [99403](#), [99404](#).

ICD-10 Codes: [Z71.3](#) or [Z72.4](#)

1. "Are CPT codes [97802](#) and [97803](#) covered?" Yes ☐ No
 - a. If your plan does not cover these codes, ask about [99404](#).
2. "Are these services included in my plan under **medical** or **preventive** coverage?"

3. "Are [Z71.3](#) or [Z72.4](#) covered for preventative health?" Yes No
 - a. If you have a medical diagnosis of **pre-diabetes, diabetes, hypertension, high cholesterol, overweight, or obesity**, you can ask if there is coverage for any of these specific diagnoses.
 - b. Additional Diagnosis Covered: _____
4. "How many sessions are covered per year?" _____

medical**preventive**
5. "Is telehealth covered?" Yes No
6. "Is there a deductible I need to meet first?" Yes No _____
 - a. "If so, how much of my deductible have I met this year?" _____
7. "Is there a copay or coinsurance for each visit?" Yes No ☐ _____
8. "What is the reference number for this call?" _____

Reference #Today's Date

[Always remember to obtain a reference number. This is helpful if any billing issues arise.](#)